

The Office Encounter

- 1) At each office visit ideally!!!
- 2) Measure growth parameters and VS (medical assistant)
- 3) Weight, Height and BMI for age charted (medical assistant)
- 4) Children with overweight/obesity ID'ed and flagged (medical assistant)
- 5) High BPs for age are flagged (medical assistant)
- 6) PCP/ extender completes the history and exam. (may use clinical documentation tool as aide).
- 7) PCP/extender reviews data and decides appropriate intervention level, further studies, etc (may use office encounter checklist, management and treatment algorithm aides)
- 8) Family, patient and PCP/extender discussion and mutual agreement of Rx plan and goals
- 9) Screening labs as indicated
- 10) Additional counseling by trained personnel (trained nurse, dietician, etc)
 - a. Nutrition
 - b. Physical activity
 - c. Review of appropriate community resources
- 11) Follow up scheduled