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Member Spotlight



[Girls on the Run of Northeast Florida](#) creates life-changing experiences for girls ages 8 to 11 by combining training for a 5K run with important life lessons that encourage healthy habits, self-esteem, positive thinking and an active lifestyle.

Upcoming Events

JAX2025 Launch Event

Saturday, January 19

9:00 - 11:00 a.m.

Prime Osborn Convention Center

1000 Water Street

Jacksonville, FL 32204

Register today at [JAX2025](#).

Duval County Food Policy Council Meeting

Thursday, January 24

5:15 - 6:30 p.m.

Duval County Health Department

900 University Boulevard North

Jacksonville, FL 32211

**Healthy Jacksonville
Childhood Obesity
Prevention Coalition**

News You Can Use From the January Coalition Meeting

In 2013, the Coalition will celebrate its 12th year working to create a healthy community for Jacksonville's youth. This January, the Coalition kicked off the new year with its first meeting at Nemours Children's Clinic.

IN CASE YOU MISSED IT:

- [ruckus. advertising + public relations](#) introduced the new Coalition [website](#) and social media [pages](#).
- [Community Connections](#) discussed how they incorporate [Nemours' 5-2-1-Almost None](#) in their children's nutrition program.
- [MaliVai Washington Kids Foundation](#) reported on its success in getting kids active through the [Keep Moving Through Tennis Program](#)
- Southern Food Policy Advocates [discussed two bills](#) that will be moving through the Florida Legislature later this spring.
- [Healthy Jacksonville](#) introduced Meghan Belkot, who will serve as a health educator. Meghan earned a Master of Arts in Food Sustainability Studies from Lesley University. Meghan enjoys small scale organic gardening and educating communities about creating sustainable local food systems. She also teaches the Growing Kids Gardening program for Sustainable Springfield.

>WHAT IS HAPPENING?

Calling All *Healthy Visioneers*

The Healthy Jacksonville Childhood Obesity Prevention Coalition (HJCOPC) encourages its members to attend

Monthly Meeting

Friday, February 8
8:00 - 9:30 a.m.
Nemours Children's Clinic
10th Floor Auditorium
807 Children's Way
Jacksonville, FL 32207

**Jacksonville Kids Coalition
Advocacy Training**

Tuesday, February 22

Email the [Jacksonville Kids
Coalition](#) for more information.

[JAX2025](#) on Saturday, January 19 from 9:00 - 11:00 a.m.
In the first of five sessions, community leaders will set priorities for Jacksonville's future. Coalition members are needed to advocate for a community vision that promotes health and wellness for all Duval County residents.
[Register today](#) to attend.

>WHAT IS AHEAD...**Coming Soon: Jacksonville Kids Coalition to Host
Advocacy Training**

On Friday, February 22, the Jacksonville Kids Coalition will host an advocacy training for all nonprofit community partners. The training will be held prior to the [Rally in Tally](#) trip in April and during Children's Week. Email the [Jacksonville Kids Coalition](#) for more information.

>DID YOU KNOW?**Do You "Like" The Coalition?**

The Healthy Jacksonville Childhood Obesity Prevention Coalition is now online. Join the network of more than 100 citizens, business leaders, non-profit and health care professionals devoted to helping children grow up to be strong, healthy adults. Visit the Coalition's [website](#) and like us on Facebook and Twitter for all of the latest news, resources and event information.

Have a story for Bite-Sized News? Email [Jacquelyn Lowe](#)

For the latest Coalition news, events and community resources, visit our new [website](#) and follow us on [Facebook](#) and [Twitter](#).

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