

Email not displaying correctly? [View it in your browser.](#)



Member Spotlight



The [Jacksonville Dietetic Association](#) is a professional organization that promotes optimal nutrition, health and well-being within the Northeast Florida community.

Upcoming Events

Create the Life You Want Series

Thursday, November 8 - Men's Class
5:30 - 7:30 p.m.

Breaking Ground Educational Services
4218 Highway Avenue
Jacksonville, FL 32254

Visit [Breaking Ground Educational Services](#) for more information.

Healthy Jacksonville Childhood Obesity Prevention Coalition Monthly Meeting

Friday, November 9
8:00 - 9:30 a.m.
Nemours Children's Clinic
807 Children's Way
10th Floor Auditorium
Jacksonville, FL 32207

>WHAT IS HAPPENING?

New Relationships in Full Bloom at Community Garden Conference

On Saturday, November 3, more than 40 gardeners gathered at the 2012 Northeast Florida Community Gardens Conference hosted by [Friends of Northeast Florida](#) and [Second Harvest North Florida](#). The conference focused on sharing resources and building partnerships among the gardens within the seven-county region. Resource speakers led discussions about how to prepare a winning grant proposal; how community gardens are providing a unique solution to solving the hunger crisis in North Florida; and how school gardens and the [USDA's Farm to School](#) program are teaching students about healthy food at an early age. View [photos](#) from the event.

Register Today to Attend the Northeast Florida Diabetes Excellence Awards Luncheon
[Seven organizations](#) will be honored by the Healthy Jacksonville Diabetes Coalition for their work in improving diabetes outcomes for patients living in Northeast Florida. [Register](#) to attend the Northeast Florida Diabetes Excellence Awards Luncheon on Wednesday, November 14.

Herbal Holidays

Saturday, November 10
10:00 a.m. - 1:00 p.m.
Duval County Extension Office
1010 North McDuff Avenue
Jacksonville, FL 32254

Contact the [Duval County Extension Office](#) for more information.

Northeast Florida Diabetes Excellence Awards Luncheon

Wednesday, November 14
11:00 a.m. - 1:30 p.m.
Jacksonville Public Library
303 North Laura Street
Jacksonville, FL 32202

Visit [Healthy Jacksonville](#) to register for the event.

Duval County Food Policy Council

Thursday, November 15
5:15 - 6:30 p.m.
Duval County Health Department
900 University Boulevard North
7th Floor Conference Room
Jacksonville, FL 32211

Herbal Holidays

Saturday, December 8
10:00 a.m. - 1:00 p.m.
Duval County Extension Office
1010 North McDuff Avenue
Jacksonville, FL 32254

Contact the [Duval County Extension Office](#) for more information.

Healthy Jacksonville Childhood Obesity Prevention Coalition Monthly Meeting

Friday, December 14
8:00 - 9:30 a.m.
MaliVai Washington Kids Foundation
1096 West 6th Street
Jacksonville, FL 32209

***Please note the special meeting location for the December Coalition meeting.**

>WHAT IS AHEAD...**Grant Opportunity: \$10,000 to Kick Start an Innovative Change to End Childhood Obesity**

What would you do to end childhood obesity if you had \$10,000 and experts from the nation's top health care, marketing and business organizations to help turn your idea into a reality? The [Partnership for a Healthier America](#) is seeking innovative ideas to end childhood obesity from groups and individuals. The top three scoring entries will be [selected](#) to go to Washington D.C. to pitch their idea during the [2013 Building a Healthier Future Summit](#).

>DID YOU KNOW?**After the Bell Rings: How One Pennsylvania City is Improving Children's Nutrition**

Today, almost one-half of Philadelphia school children are overweight or obese. The city's neighborhoods are unsafe and offer limited access to foods kids need to be healthy.

Working in partnership with after-school and summer program providers, representatives from the Healthy Kids, Healthy Communities Out of School Time (OST) Partnership developed 10 physical activity and nutrition recommendations that are currently being implemented in nine after school programs.

A [tool kit](#) with sample activities and resources aided the Partnership as they educated program staff, parents and students. Children learned how to make healthy decisions and adults took a pledge to set a good example for Philadelphia's youth.

Partnerships formed at the beginning of the program have led to preliminary success in the Philadelphia community. The concentrated focus in the after-school program enabled the Healthy Kids, Healthy Communities OST Partnership to set achievable goals within a controlled environment. Visit the Health Promotion Council for more information about the [project](#).

*Have a story for Bite-Sized News?
Email [Jacquelyn Lowe](#)*

[forward to a friend](#)

Copyright © 2012 Healthy Jacksonville, All rights reserved.



[unsubscribe from this list](#) | [update subscription preferences](#)