

Email not displaying correctly? [View it in your browser.](#)



Member Spotlight

Journey to Success...College Bound...No Excuses...*"We Are Champions"*...

BILTMORE ELEMENTARY

The [Biltmore Elementary School](#) Junior Master Gardener Program teaches students how to build and maintain urban and wooden box gardens.

Upcoming Events

Tri-JAX Challenge

Presented by: JAXParks

Sunday, September 2

[Register](#) today to join the challenge.

Create the Life You Want Series

Breaking Ground Education Services

4218 Highway Avenue

Jacksonville, Florida 32254

Monday, September 10 - Women's Class

Tuesday, September 11 - Men's Class

5:30 - 7:30 p.m.

Visit [Breaking Ground Education Services](#)

for more information.

Celebrating Health Kids and Active Communities Awards Breakfast

Hosted by: The Healthy Jacksonville

Childhood Obesity Prevention Coalition

Hyatt Jacksonville

225 East Coastline Drive

Jacksonville, FL 32202

Friday, September 14

8:00 - 10:00 a.m.

In lieu of the traditional Coalition meeting,

>WHAT IS HAPPENING?

HJCOPC Celebrates Healthy Kids and Active Communities

Do you know someone who goes above and beyond to enhance awareness about healthy eating and active living? If so, we want to hear from you. This September, the Healthy Jacksonville Childhood Obesity Prevention Coalition will honor youth, adults and organizations that are working to improve health outcomes for all residents in Duval County. The awards will be presented at the inaugural *Celebrating Healthy Kids and Active Communities* awards breakfast on Friday, September 14. [Download](#) an application and submit your nomination form by Friday, August 31. E-mail [Healthy Jacksonville](#) for questions about the program.

Last Chance to Submit Your *Stories From The Field*

The Healthy Jacksonville Childhood Obesity Prevention Coalition is currently collecting success stories from the field in response to the [2009 Community Call to Action to Reduce Childhood Obesity](#). These stories from the field will highlight

please plan to attend [a special breakfast](#) to celebrate Childhood Obesity Awareness Month.

Family Game Day

Presented by: Girls Inc. of Jacksonville
Arlington Heights Elementary School
1520 Sprinkle Drive
Jacksonville, FL 32211
Saturday, September 15
9:30 a.m. - 12:00 p.m.

Jacksonville Beach Community Garden Ground Breaking

Presented by: Friends of Northeast Florida Community Gardens and Second Harvest North Florida
Jacksonville Beach Community Garden
South 8th Street
Jacksonville, FL 32250
Saturday, September 22
8:00 a.m. - 12:00 p.m.
Visit [Second Harvest North Florida](#) for more information.

Healthy Jacksonville Childhood Obesity Prevention Coalition Monthly Meeting

Nemours Children's Clinic
807 Children's Way
10th Floor Auditorium
Jacksonville, FL 32207
Friday, October 12
8:00 - 9:30 a.m.

2012 Health Planning Council of Northeast Florida Annual Meeting

Thursday, October 18
Jacksonville Marriott Southpoint
4670 Salisbury Road
Jacksonville, FL 32256
11:00 a.m. - 2:00 p.m.
Visit the [Health Planning Council of Northeast Florida](#) for more information.

Duval County's top childhood obesity prevention accomplishments in 2011-2012 as a part of the [Embrace a Healthy Florida](#) and Promising Practices and Applied Research grants funded through the [Blue Cross and Blue Shield of Florida Foundation](#). The selected stories will be used in a variety of outlets, including a printed document, presentations, public relations and social media activities. [Download](#) a *Stories from the Field* report and submit it by August 31. Please contact [Healthy Jacksonville](#) with questions about this project.

>WHAT IS AHEAD...

Break a World Record During Childhood Obesity Awareness Month

Support Team Florida and join the [Shannon Miller Foundation](#) for the inaugural [JAM World Record Day](#). On Tuesday, September 27 at 10 a.m., participants across the nation will complete in a one-minute physical fitness routine to raise awareness about the importance of making physical activity a daily habit. [Register today to join Team Florida](#).

Join the Challenge: Donate to Help Provide A Bike For a Child In Need

On Sunday, September 2, [JaxParks](#) will host the [Tri-Jax Challenge](#). Designed to promote physical fitness, this triathlon features a swimming, running and biking program for Jacksonville's youngest athletes. JaxParks is seeking donations to help purchase bikes for the program. Each bike will enable 50 children to compete during the event. [Contact](#) Jackie Gregson to make a donation today.

>DID YOU KNOW?

Doing the Math to Fight Childhood Obesity

Researchers at Columbia University's Mailman School of Public Health launched a new tool in the fight against childhood obesity. The [Caloric Calculator](#) is a tool to help policymakers, school district administrators and parents explore and compare effective, evidence-based options to reduce childhood obesity. The calculator demonstrates how policy and environmental decisions can impact health outcomes for youth. Visit the [Caloric Calculator](#) for more information about the initiative.

*Have a story for Bite-Sized News?
Email [Jacquelyn Lowe](#)*

[forward to a friend](#)

Copyright © 2012 Healthy Jacksonville, All rights reserved.



[unsubscribe from this list](#) | [update subscription preferences](#)