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Member Spotlight



[M3Zone](#) is the City of Jacksonville's after school program that focuses on wellness and healthy lifestyles for kids and teens.

Upcoming Events

Healthy Jacksonville Childhood Obesity Prevention Coalition Monthly Meeting

Friday, October 12
8:00 - 9:30 a.m.
Nemours Children's Clinic
807 Children's Way
10th Floor Auditorium
Jacksonville, FL 32207

Create the Life You Want Series

Monday, October 15 - Women's Class
Tuesday, October 16 - Men's Class
5:30 - 7:30 p.m.
Breaking Ground Education Services
4218 Highway Avenue
Jacksonville, Florida 32254

>WHAT IS HAPPENING?

Explore the Evolution of Healthcare Technology

On Thursday, October 18, the Health Planning Council of Northeast Florida is pleased to welcome Dr. Jeffrey Bauer, an internationally recognized health futurist and medical economist, to its annual meeting. The meeting will feature a community health symposium sharing industry trends and the results of ongoing community studies and programs. Visit the [Health Planning Council of Northeast Florida](#) for more information.

Due Tomorrow: Northeast Florida Diabetes Excellence Award Nominations

The Healthy Jacksonville Diabetes Coalition will honor organizations that are demonstrating evidenced-based diabetes outcomes in Northeast Florida (Baker, Clay, Duval, Nassau, and St. John's counties). The awards will be given to organizations who have instituted a diabetes prevention or care program that is producing noteworthy results in preventing or delaying the onset of diabetes and/or reducing diabetes-related complications. Nominations will be accepted through 5:00 p.m. on October 12. Download a [nomination form](#) and [register](#) to attend the Diabetes Awards luncheon on November 14.

>WHAT IS AHEAD...

Visit [Breaking Ground Education Services](#) for more information.

2012 Health Planning Council of Northeast Florida Annual Meeting

Thursday, October 18

11:00 a.m. - 2:00 p.m.

Jacksonville Marriott Southpoint
4670 Salisbury Road
Jacksonville, FL 32256

Visit the [Health Planning Council of Northeast Florida](#) for more information.

Food Access Committee Meeting

Duval County Food Policy Council

Thursday, October 18

5:00 - 6:30 p.m.

1 Shircliff Way
1st Floor Conference Room
(Riverside entrance)
Jacksonville, FL 32204

Helmet Training Certification and Bike Rodeo Training

Monday, October 22

6:00 - 9:00 p.m.

FDOT Urban Office Training Building
2198 Edison Avenue
Jacksonville, FL 32204

Contact [Laura Skiles](#) for more information.

National Food Day

Wednesday, October 24

All Day

2012 Northeast Florida Community Garden Conference

Saturday, November 3

9:30 a.m. - 4:00 p.m.

Unitarian Universalist Church
7405 Arlington Expressway
Jacksonville, FL 32211

Visit [Second Harvest North Florida](#) for more information.

Find Your Green Thumb at the 2012 Northeast Florida Community Garden Conference

Join community gardeners, urban agriculture farmers and nonprofit leaders on Saturday, November 3, at the 2012 Northeast Florida Community Garden Conference.

Network with industry professionals, learn how to grow gardening relationships and develop grant proposals. Visit [Second Harvest North Florida](#) to register for the event.

>DID YOU KNOW?

San Antonio Residents Create A Healthy Community

In 2010, thousands of San Antonio residents participated in a community visioning process known as SA2020.

SA2020 focuses on 11 key priorities, including improving the health and well being of all San Antonio residents.

Since the launch of the program in 2010, the city has developed the second largest bike share program in the nation and installed 100 salad bars in local schools to encourage healthy eating. Today, residents participate in [Siclovía](#); a free event that makes the streets temporarily available to citizens to bike, run, skateboard and engage in other physical activity without worrying about cars.

Additionally, over the past two years, the City of San Antonio has moved off of the fattest cities in America list and onto the fittest cities list as a result of the residents' collective efforts to create a healthier community.

This fall, Jacksonville launched a similar community visioning process known as [JAX2025](#). JAX2025 is a community-owned initiative facilitated by the Jacksonville Community Council Inc. Lend your voice to the planning process and help create a healthy vision for Jacksonville. Visit [JAX2025](#) to take the community survey and learn how you can get involved in setting a vision for Jacksonville.

Have a story for Bite-Sized News?

Email [Jacquelyn Lowe](#)

**Northeast Florida
Diabetes Excellence
Awards Luncheon**

Wednesday, November 14
11:00 a.m. - 1:30 p.m.
Jacksonville Public Library
303 North Laura Street
Jacksonville, FL 32202

Visit [Healthy Jacksonville](#) to
register for the event.

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